

Sit Spot Bingo

Did you see a mammal? Which one?	Draw two plants that look like they are helping each other	What is the closest noise you can hear? What is the farthest noise you can hear?	Draw an animal's home that you see	Rub a leaf in your journal and see if it makes a color
Give the ground you are sitting on a blessing, then write it down	Count how many different kinds of lichen or moss you see	Notice the sun – did it change or cast any shadows on you while sitting?	Count how many different bird calls you hear; now count how many birds you can see	Describe something you smell
What is the farthest thing you can see? What is the closest?	How long is the tallest piece of grass you can find?	Sing a Song	Draw a pollinator (bee, beetle, ant, butterfly, etc)	Use sticks to make an arrow that points East
Dig a small hole with your finger, 2 inches deep – what do you see? What about 4 inches deep?	Draw or identify one tree in your yard or neighborhood	Draw a mushroom or fungus that you see	Trace two different leaves on paper	Put your ear to the ground. Draw the vibration pattern you hear.
Touch a smooth rock & a rough rock – what does it feel like or remind you of?	Which plants or trees are starting to bloom?	Count how many red things you see – what are they?	Draw a map of your sit spot – take note of any changes	Write a poem about something you experienced at your sit spot

Instructions:

- After each sit spot – take your journal and follow one of the questions above
- Remember to take your time filling out the bingo board and enjoy your time alone
- Print out a copy of your board and track your family's progress for the next few weeks!
- Look out for updates from our staff and their sit spots on Instagram @pearlstonecenter
- Share what you saw! Send us pictures, stories or updates to tiyul@pearlstonecenter.org, or tag us on Instagram and we'll share your picture!