



Camp Communication: Pearlstone will be in regular contact with our campers, parents and legal guardians, and staff as we receive health recommendations for continued guidance of safe operations throughout this summer.

We have put together a group of both healthcare and medical professionals along with our staff to help answer questions and concerns from campers, parents and legal guardians, and staff. Our website and social media platforms will continue to be updated with camp and health information.

Camper Health: Science has demonstrated that children who carry and transmit COVID-19 may have very few, if any symptoms. Because of this, if an asymptomatic adult infects a child and that child enters a child care facility with no symptoms, there is a risk of that child transmitting the virus to others in the facility, both children and staff.

We strongly recommend parents and legal guardians of higher-risk campers to consult with their child's medical provider to assess their risk and determine if camp attendance is acceptable. Primary care providers are in the best position to make a professional judgement based upon an individual's health status and their suitability for the camp environment at this time. **No sick camper or staff member may attend camp.**

Because the grouping method allows for children within each individual group to intermingle, all caretakers, especially parents and staff, must be aware that their actions play a critical role in reducing the risk of infectious disease transmission. It is therefore paramount that operators, parents and staff follow the guidelines as described throughout this document.

In addition, parents are advised of the following:

- Adults in contact with children attending camp need to be hyper-vigilant about monitoring for symptoms and get tested if they develop 2 or more of the following symptoms: fever or signs of fever, new cough or worsening chronic cough, runny nose, headache, sore throat, new onset of fatigue, new onset of muscle pain, diarrhea or loss of taste or smell.
- **If children attending camp have a vulnerable adult at home, the parent will want to consider the risk of the child bringing COVID-19 home to the vulnerable adult in the home.**
- For adults bringing their child to camp, those adults in the child's "bubble" will want to minimize their non-essential movement outside the home.

About COVID-19

Coronaviruses are a large family of viruses. Novel coronaviruses are new strains of the virus that have not been previously identified in humans. There is evidence that this virus can be spread person-to-person.

At this time, it appears the virus is transmitted by larger droplets, like from a cough or sneeze. Current evidence indicates it is not airborne through long distances or times. However, it possibly may survive up to a few days on various surfaces so frequent environmental cleaning is important.

<https://www.mayoclinic.org/diseases-conditions/coronavirus/in-depth/coronavirus-in-babies-andchildren/art-20484405>

Symptoms for the novel coronavirus are mostly similar to those for influenza or other respiratory illnesses. They can range from mild to moderate and can include fever/feverish, new cough or worsening chronic cough, runny nose, headache, sore throat, new onset of fatigue, new onset of muscle pain, diarrhea or loss of taste or smell. Symptoms can sometimes lead to severe illnesses.

See self-assessment- <https://www.mayoclinic.org/covid-19-self-assessment-tool>

What can you do to help prevent and control COVID-19 spread?

Pearlstone COVID-19 Operational Plan

Pearlstone has developed an Operational Plan outlining how we will manage daily operations to meet the additional measures outlined in this document. The plan explains procedures on how we are implementing group restrictions at our location while maintaining low staff to camper ratios and disease preventive controls such as personal hygiene, cleaning and disinfection, and the management of illness. Pearlstone has drastically limited the number of campers at each location this summer and will not be running certain programs along with following the recommended guidelines and safety protocols.

Implemented Safety Actions

- Promote healthy hygiene practices
- Screening for signs and symptoms
- Intensified cleaning, disinfection and ventilation
- Plans in place for sick child or staff
- Ensure physical distancing
- Maintain healthy operations
- Limit sharing
- Monitor risk-reduction strategies
- Trained staff
- Community response plan

Summary of key strategies to help prevent and control COVID-19 spread

- Strict exclusion of children or staff who are sick with 2 or more of the following symptoms: fever or signs of fever, new cough or worsening chronic cough, runny nose, headache, sore throat, new onset of fatigue, new onset of muscle pain, diarrhea or loss of taste or smell.

OR

- A child displaying purple fingers or toes even as the only symptom.
- If either of the above criteria is met, those who are sick must stay home, contact their healthcare provider, and cannot return until fully recovered.

If tested, your healthcare provider will inform the individual or parent (when a child is involved) when isolation may be lifted.

Note: Children or staff who have been identified as having seasonal allergies or who suffer from chronic runny nose/nasal congestion are not required to be excluded but a note from their physician or medical provider is requested.

- Any person arriving from travel outside of Maryland must self-isolate for 14 days at home, monitor for symptoms and avoid attending any camps.
- If a staff or child at camp tests positive for COVID-19, healthcare providers and the health department will identify who the close contacts are and manage the outbreak with respect to healthcare measures and communication.
- Staff are encouraged to remind campers to practice good respiratory etiquette such as covering the mouth and nose with a disposable tissue or the crease of the elbow when coughing or sneezing.
- Staff and campers must practice good handwashing procedures and hygiene.
- Increased access to handwashing stations and hand sanitizer throughout camp.
- Enhanced regular environmental cleaning of the facilities including high touch surfaces.
- Items that cannot be easily cleaned have been removed.
- **Parents must provide all food for their children. Please provide a morning and afternoon snack.**
- Reinforce "no sharing" policies daily and often. The practice of not sharing will support the efforts of reducing virus transmission between children.
- Respect physical distancing as described below.

In the Event of a Potential Exposure

- Pearlstone will immediately inform parents about any potential contact their children may have had with suspected or confirmed cases. Please see procedures and isolation plan contained in this document. Each week detailed rosters are kept with camper attendance so that proper communication can take place within groups should campers have had exposure to a sick staff member or child.

COVID-19 Awareness

Early Learning and Childcare Facilities and Day Camps are to provide parents with information on the additional COVID-19 related measures that are required for childcare attendance during the recovery phase. (included in this document) The operation must also post signage such as hand washing and personal hygiene etiquette throughout each location. Pearlstone has placed visual reminders at all facilities and locations enforcing proper handwashing and healthy habits.

Staff Training and Responsibilities

All Pearlstone staff have completed trainings in all aspects of summer camp and caring for campers and promoting healthy development in children. All staff have completed online training COVID-19 courses and consistent trainings will take place each week of summer. We are extremely fortunate to have yearly full-time staff that will be responsible for the smaller groups this summer.

<https://www.acacamps.org/resource-library/coronavirus/health-wellness-resources>

Records and Sign-Ins

Camps are required to have up to date records of household members for each child attending the facility (names and contact numbers). Families must have completed camp forms on file before any child can attend camp. A log will be kept for each self-contained camp group that would include the names of those in the group and the dates the group attended camp. Pearlstone will maintain these records should they be needed to help with contact-tracing, if a COVID-19 case was found at a location or for a child or member that might have attended a camp.

For parents of children attending camp – if your child is sick, they must not come to camp. You must keep them at home and away from others. Please encourage your child that if he or she is not feeling well while at camp, to let an adult know they are feeling sick. The greater risk of transmission in the camp environment is between adults. It is of utmost importance that camp staff, instructors and other adults maintain physical distancing between themselves. No sick staff member or child may attend camp.

Our job is to fill each child's day with fun and engaging activities that are safe with the most recent guidelines in place. Be sure your camper gets enough rest at night. We ask that all parents send a labeled reusable water bottle to camp each day. Instruct your child to use it and refill it frequently. Staying hydrated is important to a healthy camp experience.

Summer Camp Drop-off and Pick-up

We are encouraging one identified adult per family be responsible for the drop-off and pick-up of the camper or children at the facility as best as possible. **Staggered camper drop-off and pick-up times will be implemented this summer to reduce the number of people at the facility at the same time.** All Campers and parents must wear masks during pre-screening and Staff will have additional protection of face shield for pre-screen purposes only. Pre-screening will be required, and will be done outside, by individual cars. We ask all drivers to remain in their vehicles and follow the direction of staff. Individuals who are at higher risk for severe illness per CDC guidance should not drop off or pick up campers.

Screening Questionnaire for COVID-19.

Pre-screening is to include temperature checks, using a non-contact thermometer (infrared). When using a non-contact thermometer refer to the manufacturer's recommendation for what is considered a normal temperature range when used to take an individual's temperature. Concerning temperatures are above 100.4. All staff and campers will have their temperatures checked when they arrive at camp each day.

Following pre-screening, those children and staff exhibiting symptoms will be advised of the following:

- Strict exclusion of children or staff who are sick with 2 or more of the following symptoms: fever or signs of fever, new cough or worsening chronic cough, runny nose, headache, sore throat, new onset of fatigue, new onset of muscle pain, diarrhea or loss of taste or smell.

OR

- A child displaying purple fingers or toes even as the only symptom.
- If either of the above criteria is met, those who are sick must stay home, contact their healthcare provider, and cannot return until fully recovered.

Note: Children or staff who have been identified as having seasonal allergies or who suffer from chronic runny nose/nasal congestion are not required to be excluded but a note from their physician or medical provider is requested.

Safeguards for Visitors

Visitors (other essential staff such as DHMH staff and Health Inspectors) must follow the prescreening protocol described above. They must also wash their hands at the nearest handwashing station or bathroom and must maintain physical distancing as much as possible. Visitors will be limited and will be required to remain in designated areas.

Camps are restricted to essential staff and campers only for this summer.

Masks and Face Coverings

According to the CDC staff will wear cloth face coverings during activities when maintaining physical distancing is not feasible due to area limitations. Masks and face coverings are not required for outdoor activities when practicing social and physical distancing measures. Until the current restrictions are lifted staff will wear face coverings when required and where appropriate according to CDC guidelines. It is up to the parent should they prefer that their child wear a mask when appropriate. The parent will need to supply the child's mask or face covering. All Parents, Campers and Staff will wear masks during pick up and drop off

Physical Distancing Practices

Staff will consistently provide reminders and encourage children not to touch other children and to practice good personal hygiene. We ask all parents to also communicate safe practices with their child before arriving at camp. It is important for children to be reminded and educated at the beginning of each camp day on how to wash their hands, how to cover their sneezes and coughs properly, and the importance of not touching their face or touching others. Our staff will reinforce positive healthy practices daily. If a child is unable to follow safe practices as stated those campers will need to be picked up. Safety is our number one priority for everyone.

Staggered and frequent visits to bathrooms and handwashing stations will happen throughout the day and after each activity, before and after lunch, and will be enforced for all camp groups and facilitated by camp staff.

For each camp group, the same staff member and same group of children will stay together each week. We no longer can move campers from one group to another. Any changes would need to happen prior to groups starting out for the week on a Monday. Groups will be divided by age with 9 or less campers per group and 1 or 2 head counselors or staff member not to exceed 10 people.

For locations on campus that can have multiple groups, each small group will be separate from others and there will be no intermingling between individual camp groups. Activities are planned according to each specific group. Activities and lunches will be staggered to meet the physical distancing guidelines. Campers will be spread out at tables or in the grass when having lunch. Until restrictions are lifted campers will do all activities outside including lunch.

We will continue to monitor developments and updates from the CDC, DHMH and those that provide direction should these temporary limits be adjusted or revised in the weeks ahead.

Weekly Camp Groups

We will create multiple self-contained groups each week, with the size of each group limited to a maximum of 9 children with 1 or 2 adult staff members that remain consistent each week.

Camp is Held Rain or Shine Many fun-filled activities are planned for rainy days. Campers must dress accordingly for the weather with appropriate rain gear and rain boots. Activities are modified outside to fit rainy days and are may held inside rain shelters or open-air tents. Some of the best camp memories

for children can be had on rainy days! Please be ready for happy and possibly wet and muddy campers until the current restrictions are lifted!

Should there be severe weather with thunder and lightning the camp day may conclude early until the outdoor local camp restrictions that are currently in place are lifted.

To keep campers safe during hotter days, certain activities may be canceled or modified. Campers are consistently encouraged to drink lots of water and will play more activities in the shade. Whatever the weather, campers need activity and physical exercise, mental stimulation, and outlets for creativity. Keep in mind that rainy or warmer weather at day camp calls for special emphasis on good humor and flexibility, a safe and happy atmosphere, and laughter.

Cleaning and Disinfection Procedures

Increasing the frequency of cleaning and disinfecting high-touch surfaces is significant in controlling the spread of viruses, and other microorganisms. All surfaces, especially those general surfaces that are frequently touched, such as door knobs, handrails, etc., will be cleaned frequently when used once camp is able to return indoors. Materials and equipment have been limited, and outdoor activities and have been planned according to social distancing measures. Where possible all materials will be provided to individuals. All materials and equipment will be sanitized between use.

A cleaning and disinfection schedule is in place for all Pearlstone locations with clear accountabilities assigned to specific staff. Additional staff has been assigned solely to focus on enhanced daily cleaning procedures. Pearlstone will provide cleaning and disinfecting of communal spaces between groups along with cleaning and disinfecting of any shared items between uses. When possible, campers will be assigned items and materials to reduce the quantity of items shared.

Transportation

Pearlstone will not be providing any transportation, including bussing for summer 2020. We discourage carpooling with other families.

Personal Hygiene Etiquette

Handwashing

Handwashing is one of the best ways to protect yourself and others from getting sick from COVID-19 and other germs. Pearlstone has increased handwashing stations around campus and has hand-sanitizing products readily available and easily accessible for campers and staff.

Hand Washing with Soap and Water

To wash your hands properly with soap and water, follow these steps:

- Wet your hands and apply liquid soap or clean bar soap.

- Rub your hands vigorously together, scrubbing all skin surfaces.
- Pay special attention to the areas around your nails and between your fingers.
- Continue scrubbing for at least twenty seconds.
- Rinse your hands and dry them well.
- Turn off faucets with paper towel if needed.
- Open door of bathroom with paper towel in hand and then dispose in waste basket.

Hand Washing with Hand Sanitizer

Alcohol-based hand sanitizers with a minimum 70% alcohol may be used by children and staff if they do not have access to soap and water, and if their hands are not visibly soiled. Children are to be supervised when using these sanitizers.

To wash your hands properly with alcohol-based hand sanitizers, follow these steps:

- Apply hand sanitizer.
- Rub into the front and back of hands, between fingers, around nails (especially cuticles), thumbs and wrists and rub until dry.

Staff and children must practice good hand hygiene. At camp they must wash their hands frequently with soap and water, especially:

- on arrival;
- before and after lunch;
- after using the toilet;
- after blowing nose, coughing or sneezing;
- after playing with toys;
- after individual activity;
- when taking medications; and
- after playing outside.

Other Personal Hygiene Etiquette

- Avoid touching the face, eyes, nose or mouth with unwashed hands.
- Cover the mouth and nose with a disposable tissue or the crease of the elbow when coughing or sneezing. Dispose of used tissues immediately and then wash hands.
- Ensure signage on personal hygiene etiquette such as handwashing; and sneezing and coughing etiquette is posted throughout each location. This would include common areas, bathrooms, and diaper changing areas. Pearlstone has placed handwashing signs throughout all camp locations.
- Please teach and practice good respiratory hygiene and cough etiquette within your household.

Additional measures to help prevent and control COVID-19 spread

Supplies

Pearlstone has obtained all the necessary supplies as recommended such as liquid soap, paper towels, toilet paper, hand sanitizers, cleaning and disinfecting supplies and personal protection equipment (masks and disposable gloves) in order to be proactive with maintaining daily safety and cleaning procedures.

For personal protective equipment all locations have a supply of community masks for children or staff who may become ill while at camp. For campers that choose to wear masks or face coverings these must be supplied from home.

Pearlstone has delegated responsibility to several staff to monitor supplies to ensure stock is maintained during camp operating hours.

Campers will have their own individual materials during activities when appropriate to avoid having to use communal supplies each week. These will be cleaned frequently and after use.

Campers will have individual designated personal belonging areas.

Campers will have designated meeting areas outside that will remain consistent throughout the week.

Bathrooms

Bathrooms are equipped with hot and cold running water under pressure, liquid soap, paper towels, toilet paper, and garbage containers.

Proper handwashing signs are posted. Bathrooms are cleaned frequently throughout the camp day.

Each group will have a designated primary bathroom. If it becomes necessary, bathroom visits will be staggered among groups each day to avoid any potential of groups intermingling.

Camp Food

- All food must come from home including morning and afternoon snack.
- Discourage any sharing of food between children or staff.
- If we do any food related activities on our farm or in our outdoor kitchen, all campers will make individual servings. No communal food activities will take place.

Lunches

Groups will have assigned lunch locations to avoid mixing of groups. When possible use utensils rather than hands to eat. Avoid touching your eyes, nose, and mouth. Campers will wash hands before and

after lunch. Please be sure your child has a hearty and healthy lunch each day and a morning and afternoon snack option brought from home.

Aquatic Operations

The following are the protocols for 2020 Tiyul Summer program. The health and safety of our participants remains our number one priority.

- Tiyul Summer will have exclusive use of the pool during swim time.
- Swim time will be FREE swim time only.
- There will be designated space for changing,
- We will be swimming as a bunk and not interacting with other bunks.
- There will be a swim test to determine the area of the pool participants can utilize.
- There will not be any pool toys or goggles available. Goggles should be brought from home.
- High touch points will be sanitized between groups.
- Lifeguards will have their temperature checked daily upon arrival.
- Lifeguards will be wearing masks when not in the lifeguard chair.
- There will be a box taped out on the deck 6 feet in all directions around the lifeguard to maintain social distancing.

Changing Areas

High touch areas and surfaces will be cleaned between uses as best as possible and throughout the camp day. Depending on the age of the camper, some children will need arrive to camp dressed and ready to swim to eliminate an additional change period. Individual emails will be sent to camp groups.

Sunscreen

Please apply sunscreen prior to your child arriving to camp. Staff is unable to use lotion this summer but can assist with spray sunscreen if sunscreen waiver is signed. Staff will apply spray sunscreen as needed for those campers that need assistance, with signed waiver, throughout the day with proper safety measures in place.

Access to the Facility by Others

- Visitors who would be considered as an essential service to camp are permitted to enter the facility during operating hours. This would include DHMH staff that are involved with licensing and curriculum training, as well as other professionals that are essential to the facility such as public health inspectors. (would need to follow pre-screening procedures)

- Non-essential visitors such as salespersons, librarians, and entertainers are not permitted to enter the facility during camp operating hours.

Control measures as guided by the Department of Health and Mental Hygiene if an outbreak is detected.

What is considered an outbreak when dealing with a confirmed case or a suspect case of COVID19?

One confirmed case of COVID-19 (Individual who tests positive for the virus causing COVID-19);

OR

Two or more suspect cases of COVID-19.

A suspect case is defined as:

- a child or staff that has 2 or more of the following symptoms: fever or signs of fever, new cough or worsening chronic cough, runny nose, headache, sore throat, new onset of fatigue, new onset of muscle pain, diarrhea or loss of taste or smell;

or

- a child displaying purple fingers or toes even as the only symptom

Note: Children or staff who have been identified as having seasonal allergies or who suffer from chronic runny nose/nasal congestion would not be considered a suspect case but are asked to provide a note from their primary care physician or medical provider.

How to report cases to the Health Department? If the camp facility has one confirmed case of COVID-19 or, has 2 or more suspect cases of COVID-19, the facility is to advise the Health Department by contacting them directly. Health care providers must contact the MDH Infectious Disease Bureau to request COVID-19 testing for a suspect case, at 410-767-6700 during business hours and after hours call the MDH Emergency Call Center at 410-795- 7365 to arrange the initial disease consultation.

Testing is usually not recommended to clear an individual. Primary care and healthcare providers will inform the individual or parent (when a child is involved) when isolation may be lifted.

If an outbreak is declared, then the facility must close. The facility cannot reopen until advised to do so by the Health Department. The Health Department will be involved to manage the outbreak and ensure contacts are identified, public health measures are in place and will lead any communication that is required with the Pearlstone camp community.

Outbreak Management Plan

As part of the current mandate, camps are required to have an outbreak management plan. The plan will be required to be updated to include information on COVID-19 and the control measures to follow when dealing with a suspected case of COVID-19.

Pearlstone control measures on suspected cases of COVID-19 include:

- If camp is required to be closed because of an outbreak, the Health Department will give the directive to the facility and parents will be notified.
- If exclusion or isolation is required, measures are in place to inform parents/guardians and staff of the situation and of how important this control measure is. Proper exclusion/isolation is one of the most important and effective measures in controlling the spread of disease to others. Parental and staff cooperation is critical. The facility must have an area that can be designated to isolate a staff or child that becomes symptomatic during the day while waiting to be picked-up. Pick-up is to occur within an hour of notification. Parents must be aware that this is an expectation. Pearlstone has designated isolation rooms and areas at each location for children or staff to be should isolation or exclusion need to happen. All Pearlstone staff have training and are aware of the proper procedures should this be needed.
- Symptomatic children must be immediately separated from others in a supervised area until they can go home. Where possible, anyone providing care to an ill child should maintain 6-feet of social distance.
- It would be important that the group of combined children/staff the symptomatic child was in, not mix with the rest of the camp population until the 'suspect case' is assessed.
- If a 6-foot distance cannot be maintained from an ill child, if circumstances allow, the child should wear a community mask that Pearlstone will provide.
- Ill staff must immediately isolate from others and wear a community mask until they are able to leave the facility.
- Hygiene and respiratory etiquette must be practiced while the ill child or staff is waiting to be picked up.
- Required temperature checks for staff and children upon arrival and repeat temperature checks at least every five hours thereafter. Pearlstone will take 2 temperature readings each camp day and/or as required by CDC guidelines. At arrival and again in the early afternoon for both campers and staff. All readings will be documented throughout the week.
- Environmental cleaning and disinfection of the isolation area must be conducted once the ill child/staff has left the facility.
- If an outbreak is confirmed, post appropriate notices for parents/guardians at all entrances to the facility to ensure that disease information is available for staff and parents/guardians if needed or requested. All families will be notified immediately should this be the case.

As additional information becomes available through governmental agencies, medical authorities and professional industry associations, the recommendations and suggested practices within this guide for Pearlstone summer camp will be updated on our Pearlstone website, social media platforms and through our Parent Portal for registered campers. Our goal is to provide a safe and positive camp experience for your children while they are in our care. Our staff is with us full time and train year-round, often collaborating with each other to share their knowledge, ideas and values to make each camper's experience a successful one. Counselors have undergone several weeks of highly specialized trainings before each summer season begins. They gain valuable insight and tools to make sure each child's camp experience is safe and memorable. Communication is extremely important, and we ask that all families reach out at any time for us to help answer questions or provide assistance. Our goal is to work with all families throughout the summer months to make this the best summer ever!

Below is the daily screening questionnaire that is required each day a child arrives at camp. Please read these over prior to your first day of camp so you know what is being asked. We ask that families please be patient as we navigate the ever-changing guidelines and recommendations.

Our goal is to provide the safest summer camp experience for your children and your families.